



## **Christmas at “The Blue Light Pool” Level 3 Open Meet**

**15<sup>th</sup> and 16<sup>th</sup> December 2018**

**License Number 3LR182550**

**Becontree Heath Leisure Centre**

**Althorne Way**

**Dagenham**

**Essex**

**RM10 7AY**

**License Number**

**10 lane 25m length pool with electronic timing**

**2 metres throughout means fast times**

**Age Groups: 9, 10, 11, 12, 13, 14, 15, 16  
and 17years and over**

**Age as at 16<sup>th</sup> December 2018**

**Full Programme 50m – 400m**

**Closing date: 15<sup>th</sup> November 2018**

**Top 6 medals for 9 & 10 years age groups and top 3 medals for all  
other age groups**

**Top boy, girl and visiting club trophy**

**One spot prize per event**

## **Rules and Conditions**

1. The event will be held under ASA Laws and ASA Technical Rules and these Promoter's conditions.
2. Entries may only be accepted from competitors who are ASA Category 2 registered members. This can be checked using the Swim England's Swimming Results web page prior to sending to BDAC. [www.swimmingresults.org](http://www.swimmingresults.org)
3. Competitor's ages shall be on the last day of the competition 16<sup>th</sup> December 2018.
4. All entries must be short course times or long course times converted to short course times.
5. All entries must be slower than the cut off times listed.
6. Club entries of more than 6 swimmers **MUST** be submitted electronically together with a summary form and paid via BACs (account details on summary form). Entry software can be obtained from [www.bdaquatics.org](http://www.bdaquatics.org)
7. All visiting clubs are encouraged to bring as many officials as possible to assist in the smooth running of the event. Officials will be provided with food and refreshments prior to the session they will be officiating.
8. All entries to be paid by BACS, see details on Entry Form
9. If the number of entries is high the promoter reserves the right to limit entries to enable the gala to meet licensing requirements. The promoter retains the right to accept entries on a first come first served basis. Full club entries will be acknowledged immediately by email, but must be made in full (i.e. electronic entry file, payment, club summary form, entry summary report). Partial entries and entries received after the closing date may not be accepted.
10. The list of accepted entries will be published / available to download from the club website ([www.bdaquatics.org](http://www.bdaquatics.org)) shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advice immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
11. **There will be no refunds of entry fees for any reason, unless the entries are rejected by the organiser**
12. A withdrawal system will be in operation for all sessions, withdrawals will close 60 minutes before start of session
13. Spectator admission will be 20 minutes before the start of the warm up.
14. Spectator entry fees for adults:
  - a. £10 per Saturday and £10 for Sunday, programme is included
  - b. For Over 60s and under 16s the fees will be £5 per Saturday and £5 for Sunday these include the programme.
  - c. . Under-5s will receive free entry for all sessions (No programme).
15. Competitors must report to the marshalling area 15 minutes before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
16. All events are seeded with fastest swimmers swimming last.
17. The top six in the 9 and 10 years age group and top three in the other age groups will receive a medal in each event. A competitor who has been disqualified will not receive an award.

18. In accordance with the ASA Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably practicable and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.
19. . As the permitted use of devices which capture still or moving images is no longer dependent upon pre-registration, we request that all persons attending this meet have a clear understanding of their responsibilities and obligations as detailed in the “ASA Photography Guidance” section of Wavepower 2016-19 (the current ASA Child Safeguarding Policies and Procedures publication).
20. Flash photography is prohibited at all times.
21. No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced, and any person found to be contravening this policy will be asked to leave the gala without refund
22. One random heat will be selected in each event for a £5 cash spot prize. The winner of the selected heat will receive the prize.
23. Once the accepted entries have been released no additional entries or time trials will be accepted.
24. The promoter reserves the right to refuse admission to any competitor or spectator.
25. The promoter does not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping for all belongings. In order to use the locker, you will need to purchase a key from reception for a fee TBC – please note you will receive £1 back when the key is returned.
26. The two biggest visiting clubs will be given a storage room for their swimmers to store their bags for the weekend. Each of these clubs will be given a key to the team manager/coach for the duration of the weekend. A deposit of £20 will be required at the start of the weekend and the property in the room will be the responsibility of the team manager/coach.
27. Barking and Dagenham Aquatics Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data, they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.
28. The promoters reserve the right to make alterations to the above conditions, if necessary. All participants will be informed of any such changes.
29. Poolside/Coach passes will be £25 for the weekend. Poolside passes will not be sold on the day – no pass, no admission on poolside. Poolside passes are not transferable.
30. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff, to the lead referee or to the open meet promoter.
31. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7 & 9) even lanes (0, 2, 4, 6 & 8) will swim counter clockwise. Sprint lanes will be introduced gradually during the warm up.
32. Swimmers in sprint lanes are expected for their safety and the safety of other to climb out after 15m mark.

33. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
34. Spectators, officials and competitors must observe the safety precautions in operation at Becontree Heath Leisure Centre and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the meet organisers, the promoters nor BDAC will be responsible for any loss or damage during this Meet.
35. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
36. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
37. Results will be available on the club website as soon as possible after the meet. This meet will be on Meet Mobile.
38. Any issues not covered by the above will be dealt with according to the laws of the Sport and subject to the discretion of the meet management and the promoter who also reserves the right to make changes that may be considered necessary for the smooth running and discipline of the event.

## **Financial Summary Form**

Club.....

	Amount	Entry price	Total
No. of female entries 50m – 400m		@ £6.00	
No of male entries 50m – 400m		@ £6.00	
No. of poolside passes		@ £20	

**Please note:** All coaches/team managers on poolside must have a poolside pass which must be worn at all times. Poolside passes include food and Refreshments.

Name.....

Address.....

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Mobile.....

Email.....

**All club payments must be made via BACs.**

**BDAC / Sort code 20-72-91 / Account No. 93450236 / REF: C@D 'CLUB NAME'**

## **Officials Form**

Club.....

No of swimmers competing.....

Club contact email.....

<b>Officials Name</b>	<b>Qualification (J1, J2 etc.)</b>	<b>Sessions covered</b>	<b>Mentoring Requested (Yes / No)</b>

Please note you DO NOT have to be a licensed official for Level 3 meets, although you are required to be a J1 trainee qualified to a minimum of timekeeper.

This form must be emailed with Hy-Tek file to  
**chairman.bdaquatics@gmail.com**

## Individual Entry Form

**First Name**..... **Surname**.....

**Email**..... **Tel**.....

**Date of Birth**..... **ASA No**.....

**Club**.....**Male / Female** (delete)

Event	Please Tick	Entry Time	Event	Please Tick	Entry Time
50m freestyle			50m breaststroke		
100m freestyle			100m breaststroke		
200m freestyle			200m breaststroke		
400m freestyle			50m butterfly		
			100m butterfly		
			200m butterfly		
50m backstroke			100m medley		
100m backstroke			200m medley		
200m backstroke			400m medley		

Total number of entries ..... @ £6.00 per event **(50m – 400m)**

Total entry fee enclosed .....

**All individual payments must be made via BACs.**

**BDAC / Sort code 20-72-91 / Account No. 93450236 / REF: C@D ‘ASA Number’**

**Forms can be posted to: Stephen Docherty 5 Firbank Road, Collier Row,  
Romford. RM5 2TP**

## Schedule of Events

Saturday 15 <sup>th</sup> December					Sunday 16 <sup>th</sup> J				
<b>Session One</b>  <b>Withdrawal by @ 08:00</b> <b>Boys warm up @ 08:00</b> <b>Girls warm up @ 08:25</b> <b>Start @ 09:00</b>					<b>Session Three</b>  <b>Withdrawal by @ 08:00</b> <b>Girls warm up @ 08:00</b> <b>Boys warm up @ 08:25</b> <b>Start @ 09:00</b>				
1	Boys	9 & Over	400	Freestyle	17	Girls	9 & Over	400	Freestyle
2	Girls	9 & Over	200	IM	18	Boys	9 & Over	200	IM
3	Boys	9 & Over	100	Backstroke	19	Girls	9 & Over	100	Backstroke
4	Girls	9 & Over	100	Breaststroke	20	Boys	9 & Over	100	Breaststroke
5	Boys	9 & Over	200	Butterfly	21	Girls	9 & Over	200	Butterfly
6	Girls	9 & Over	200	Freestyle	22	Boys	9 & Over	200	Freestyle
7	Boys	9 & Over	50	Backstroke	23	Girls	9 & Over	50	Backstroke
8	Girls	9 & Over	50	Breaststroke	24	Boys	9 & Over	50	Breaststroke
<b>Session Two</b>  <b>Withdrawal by before Warm-up Starts</b> <b>Girls warm up @ Anticipated by 13:00</b> <b>Boys warm up @ Anticipated by 13:25</b> <b>Start @ Anticipated 14:00</b>					<b>Session Four</b>  <b>Withdrawal before Warm-up Starts</b> <b>Boys warm up @ Anticipated by 13:00</b> <b>Girls warm up @ Anticipated by 13:25</b> <b>Start @ Anticipated 14:00</b>				
9	Girls	9 & Over	400	IM	25	Boys	9 & Over	400	IM
10	Boys	9 & Over	100	IM	26	Girls	9 & Over	100	IM
11	Girls	9 & Over	100	Freestyle	27	Boys	9 & Over	100	Freestyle
12	Boys	9 & Over	100	Butterfly	28	Girls	9 & Over	100	Butterfly
13	Girls	9 & Over	200	Backstroke	29	Boys	9 & Over	200	Backstroke
14	Boys	9 & Over	200	Breaststroke	30	Girls	9 & Over	200	Breaststroke
15	Girls	9 & Over	50	Butterfly	31	Boys	9 & Over	50	Butterfly
16	Boys	9 & Over	50	Freestyle	32	Girls	9 & Over	50	Freestyle



## Upper Limit Qualifying Time

[illegible]

## **Poolside pass individual application form**

<b>Full name:</b>	
<b>Club name:</b>	
<b>Position:</b> (e.g. coach)	
<b>Email address:</b>	
<b>Telephone no:</b>	
<b>ASA affiliation no:</b>	

The above named person is authorised to hold a pass for this club:

Signed.....Club Secretary

Poolside passes will not be available on the day. There will be no access to poolside without a poolside pass.

All completed forms to be returned to:

<mailto:chairman.bdaquatics@gmail.com>